Trust in the Lord

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SEEK!
SHOW!
SHINE!

"Seek" Activity
Relax, let God do the driving today!

Trust in the Lord. These words are very easy to say, but to actually believe them and act on them is another matter altogether. We feel like we have to be in control, and that God will watch and approve of our actions. How wrong we are. To trust means God is in charge, not us. God is worthy of our trust. He gave His only Son, Jesus Christ, to die for us and promised us eternal life if only we believe that Jesus is our Saviour.

Trust in the Lord and try to live one day at a time. Often we feel totally overwhelmed when we think of all we have to do tomorrow, this week, or this month. Set realistic goals for one day.

If we can give each day to God, God's grace will comfort us and give us peace. We can trust that God is in control in whatever happens on that day. If we truly trust we can relax and let God do the driving! There are many verses in the Bible that give good reasons for such trust.

> Blessed are all they that put their trust in him. (Psalm 2:12)
>
> Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him! (Psalm 34:8)
>
> When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me? (Psalm 56:3-4)

To trust in the Lord we need to know Him, so we need to set a time each day to be with Him. Make it a priority, because if you do not, it is so easy to be too busy.

Do you ever take time during your daily devotion to just sit and listen to His voice, or just to love Him?

Life can be hectic. Parents with younger children have to be three places at once or those of us who are older have our own parents as well as our children and grandchildren to look after. It's easy to be so busy we lose sight of what is important. God, and time spent with Him, refreshes us and gives us the power to go on with all the things that life throws at us. Our loving Father is always available, always ready to listen. We can trust that God is never too busy to pay attention to us.

> God is our refuge and strength, a very present help in trouble.
> Therefore we will not fear though the earth gives way,
> though the mountains be moved into the heart of the sea,
> though its waters roar and foam,
> though the mountains tremble at its swelling. (Psalm 46:1-3)

We Pray
Just for Today
by Marjorie Holmes

Oh, God give me grace for
this day.
Not for a lifetime,
nor for next week,
nor for tomorrow,
just for this day.
Direct my thoughts and
bless them.
Direct my work and bless
it.
Direct the things I say and
give them blessing, too.
Direct and bless everything
that I think and speak
and do.
So that for this one day,
just this one day,
I have the gift of grace
that comes from Your
presence.
In Jesus' Name, Amen.

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