

WARM UP THE WINTER

We are in the middle of winter, the days ranging from wet and windy to downright cold. Children love to play in the snow and enjoy all winter has to give. It's hard to do this if you don't have warm clothes.

Included here is a mitten pattern and instructions to sew them up in polar fleece. Scarves can also be made of polar fleece with no sewing at all but one must check with individual school regulations. Sometimes they aren't allowed because they may get caught on playground equipment.

A pattern for a child's hat from polar fleece was distributed via delegates at the convention in Calgary. Check with your zone mission service chairman for a copy.

PATTERN INSTRUCTIONS

Mittens

1. Cut out two of each pattern piece. Place marking on mitten pieces by using a tiny clip on the fabric.
2. With right sides together, sew top of mitten to bottom from lower outer edge to first notch with 3/8" seam. Open seam.
3. Cut one piece of narrow elastic per mitten about 6 to 6.5" long. Mark centre with pin.
4. Attach along thumb side on placement line, zigzag in place.
5. Leave needle in fabric and stretch elastic to seam. Pin, stitch and stretch to opposite side. Secure in place.
6. With right sides together, continue sewing mittens together, stretching mitten bottom to fit top where indicated.
7. Clip seams on inside curve, trim.
8. Turn up hem allowance and stitch in place. A zigzag stitch works great for this.
9. Turn mitten right side out. Tie mittens together so they don't become orphans.

A metre of fleece will yield two sets of mittens, two hats according to the pattern noted below, and two scarves approximately seven inches wide, the width of the fabric for length. Stabilize the outer edge of the scarf by running a zigzag stitch, then fringe the bottom edge by cutting in 1/4" intervals 1.5 to 2" deep.